

# Concept 4 Soccer International coaching Syllabus

## Under 8's & Under 10's



Topic	Type	Technique	Decision Making	Creating Space	Tactical
<b>Passing</b>	<ul style="list-style-type: none"> <li>• Inside of foot (short passing)</li> <li>• Laces (Long passing)</li> <li>• lofted pass</li> <li>• Wall pass</li> </ul>	<ul style="list-style-type: none"> <li>• Accuracy</li> <li>• Body Position</li> <li>• 1st touch</li> <li>• Weight of pass</li> </ul>	<ul style="list-style-type: none"> <li>• When to pass</li> <li>• Type of pass</li> <li>• Where to pass</li> </ul>	Observation 1- As a individual 2- Basic as a team	Possession based Games
<b>Running with the Ball</b>	<ul style="list-style-type: none"> <li>• Into space</li> <li>• Unopposed</li> <li>• Opposed</li> </ul>	<ul style="list-style-type: none"> <li>• Laces</li> <li>• Into Space</li> <li>• Change Of Speed</li> <li>• Both Feet</li> </ul>	<ul style="list-style-type: none"> <li>• When</li> <li>• Why</li> <li>• Where</li> </ul>	1 - As a individual 2 - Basic as a team	Attacking Space Conditioned Games
<b>Dribbling</b>	<ul style="list-style-type: none"> <li>• Unopposed</li> <li>• Opposed</li> <li>• Feints</li> </ul>	<ul style="list-style-type: none"> <li>• Ball Manipulation</li> <li>• Movement of Body</li> <li>• Change Of Speed</li> </ul>	<ul style="list-style-type: none"> <li>• When</li> <li>• Why</li> <li>• How</li> </ul>	1 - As a individual 2 - Basic as a team	Conditioned Games
<b>Ball Protection</b>	<ul style="list-style-type: none"> <li>• When Receiving</li> <li>• When Dribbling</li> <li>• When Turning</li> </ul>	<ul style="list-style-type: none"> <li>• Body Position</li> <li>• Ball Safe Side</li> <li>• Use Of Arms</li> </ul>	<ul style="list-style-type: none"> <li>• Where is the Defender</li> <li>• Where is the Ball</li> <li>• Where is the space</li> </ul>	• To Receive	Conditioned Games
<b>Defending</b>	<ul style="list-style-type: none"> <li>• Basic Tackling</li> <li>• Basic Covering</li> <li>• 1v1 and 2v2</li> <li>• Marking</li> <li>• Jockeying</li> </ul>	<ul style="list-style-type: none"> <li>• Body Position</li> <li>• Type of Tackle</li> <li>• Goal Side (touch tight)</li> <li>• Timing</li> </ul>	<ul style="list-style-type: none"> <li>• Tackle or Jockey ?</li> <li>• Positioning</li> </ul>	Denying Space for a individual or apposing team	Basic Defending as a Team
<b>Finishing</b>	<ul style="list-style-type: none"> <li>• 1v1 with GK</li> <li>• Power</li> <li>• Placement</li> <li>• From Crosses</li> <li>• Follow up's</li> </ul>	<ul style="list-style-type: none"> <li>• Accuracy</li> <li>• Type of Shot</li> <li>• Body Position</li> <li>• Left or Right Foot</li> </ul>	• When to Shoot	• As a individual	Basic Finishing conditioned Games
<b>Turning</b>	<ul style="list-style-type: none"> <li>• OutSide / Inside Hook</li> <li>• Stop Turn</li> <li>• Cryuff Turn</li> </ul>	<ul style="list-style-type: none"> <li>• In Slow out Quick</li> <li>• Disguise</li> <li>• Balance</li> <li>• Body Position</li> <li>• End Product</li> </ul>	• When to Turn	Turn to create space 1 - As a Individual 2 - For a team mate	Conditioned Games

# **Concept 4 Soccer International coaching Syllabus**

## **Under 8's & Under 9's**



<b>Topic</b>	<b>Type</b>	<b>Technique</b>	<b>Decision Making</b>	<b>Creating Space</b>	<b>Tactical</b>
<b>Receiving</b>	<ul style="list-style-type: none"><li>• Feet</li><li>• Thigh</li><li>• Chest</li></ul>	<ul style="list-style-type: none"><li>• 1st Touch</li><li>• Body Position</li></ul>	<ul style="list-style-type: none"><li>• Awareness Of Space</li><li>• Awareness Of Others</li><li>• Type of Control</li></ul>	Turn to create space 1 - As a Individual 2 - For a team mate	Conditioned Games
<b>Movement / Creating Space</b>	<ul style="list-style-type: none"><li>• Individual</li><li>• Passing Options</li><li>• Basic Team</li></ul>	<ul style="list-style-type: none"><li>• Angles</li><li>• Distances</li><li>• Support</li></ul>	<ul style="list-style-type: none"><li>• When</li><li>• How</li></ul>	Double Runs	As a Team Possession Based Conditioned Games

